



Salata de varza mozaic



Ingrediente o portie de 150g :

varza alba 80g, varza rosie 60g, otet alimentar 20% 10g, Ulei de floare 5g (ulei floarea soarelui), patrunjel verde 3g, Condiment sare / piper 1.5g (sare de masa iodata, piper negru macinat), zahar alb 1g

Declaratie nutritionala	100g	Portie 150g
Energie Kcal	181.5	272.25
Energie Kj	759.39	1139.09
Grasimi	4.47g	6.7g
din care acizi grasi saturati	0.47g	0.7g
Glucide	10.05g	15.08g
din care zaharuri	5.45g	8.18g
Fibre	2.61g	3.92g
Proteine	2.52g	3.78g
Sare	0.19g	0.28g

Alergeni

Alune

Aditivi

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