



Salata Bulgareasca cu ou



Ingrediente o portie de 400g :

rosii 75g, oua clasa m 65g, telemea 40g, sunca praga 40g, castraveti cruzi 35g, crutoane aromate 35g, ardei 20g, ceapa rosie 20g, otet de mere 15g, Ulei de floare 15g (ulei floarea soarelui), masline negre feliate 12g, Condiment sare / piper 2g (sare de masa iodata, piper negru macinat), oregano maruntit 1g

Declaratie nutritionala	100g	Portie 400g
Energie Kcal	139.51	558.05
Energie Kj	583.70	2334.88
Grasimi	8.86g	35.45g
din care acizi grasi saturati	3.1g	12.41g
Glucide	7.82g	31.29g
din care zaharuri	1.39g	5.55g
Fibre	0.93g	3.7g
Proteine	6.61g	26.45g
Sare	1.02g	4.07g

Alergeni

Gluten
Oua
Mustar
Telina
Lapte
Soia, Alune

Aditivi

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