

Piept de pui la gratar



Ingrediente o portie de 160g :

piept de pui gatit fara piele 160g, sare de masa iodata 5g, piper negru 2g, boia dulce 1g, cimbru 1g, praf de usturoi 1g

Declaratie nutritionala	100g	Portie 160g
Energie Kcal	175.48	280.77
Energie Kj	734.20	1174.74
Grasimi	3.36g	5.37g
din care acizi grasi saturati	1.04g	1.67g
Glucide	1.79g	2.86g
din care zaharuri	0.48g	0.77g
Fibre	0.62g	0.99g
Proteine	32.48g	51.96g
Sare	3.12g	4.99g

Alergeni

Mustar
Soia
Gluten
Alune,

Aditivi

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