



## Dorada la gratar



### Ingrediente o portie de 260g :

dorada gatita 260g, lamaie 30g, sare de masa iodata 2g

Declaratie nutritionala	100g	Portie 260g
<b>Energie Kcal</b>	136.35	354.5
<b>Energie Kj</b>	570.48	1483.22
<b>Grasimi</b>	3.47g	9.03g
din care acizi grasi saturati	0.81g	2.11g
<b>Glucide</b>	1.18g	3.06g
din care zaharuri	0.33g	0.85g
Fibre	0.32g	0.84g
Proteine	23.93g	62.21g
Sare	1.68g	4.38g

### Alergeni

Peste,

### Aditivi

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