



Ciorba radauteana de pui



Ingrediente o portie de 350g :

apa 200g, pui griller vrac 70g, smantana 20% 5kg 30g, oua clasa m 24g, morcov crud 20g, usturoi proaspat 10g, Ulei de floare 10g (ulei floarea soarelui), otet 7g, Condiment sare / piper 2g (sare de masa iodata, piper negru macinat)

Declaratie nutritionala	100g	Portie 350g
Energie Kcal	147.19	515.17
Energie Kj	615.84	2155.47
Grasimi	10.78g	37.72g
din care acizi grasi saturati	2.98g	10.44g
Glucide	2.01g	7.05g
din care zaharuri	0.64g	2.25g
Fibre	0.24g	0.83g
Proteine	11.03g	38.61g
Sare	0.21g	0.73g

Alergeni

Oua
Lapte, Alune

Aditivi

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