



## Legume grill



### Ingrediente o portie de 200g :

rosii 80g, ardei 70g, vinete crude 60g, dovlecei 60g, ciuperci champignon 40g, ceapa galbena 30g, ulei de masline 10g, otet balsamic 5g, Condiment sare / piper 2g (sare de masa iodata, piper negru macinat ), cimbru 1g

Declaratie nutritionala	100g	Portie 200g
<b>Energie Kcal</b>	81.01	162.02
<b>Energie Kj</b>	338.94	677.89
<b>Grasimi</b>	5.08g	10.16g
din care acizi grasi saturati	0.75g	1.5g
<b>Glucide</b>	8.78g	17.56g
din care zaharuri	4.92g	9.83g
Fibre	2.87g	5.74g
Proteine	2.11g	4.22g
Sare	0.15g	0.3g

### Alergeni

Alune

### Aditivi

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