



Ostropel de pui cu mamaliga



Ingrediente o portie de 400g :

Ostropel de pui 250g (pulpe de pui crude, Sos Pomodoro, patrunjel verde, foi dafin), mamaliga (apa, malai, sare iodata) 150g, patrunjel verde 5g

Declaratie nutritionala	100g	Portie 400g
Energie Kcal	299.73	1198.9
Energie Kj	1254.07	5016.19
Grasimi	15.96g	63.82g
din care acizi grasi saturati	4.12g	16.46g
Glucide	16.89g	67.54g
din care zaharuri	2.08g	8.32g
Fibre	0.88g	3.51g
Proteine	20.21g	80.85g
Sare	0.88g	3.52g

Alergeni

Aditivi

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