



Iahnie de fasole cu carnati



Ingrediente o portie de 350g :

carnati afumati 150g, Iahnie de fasole 200g (apa, fasole alba , ardei, rosii decojite, ceapa, piure de rosii, Condiment boia/cimbru/usturoi, Condiment sare / piper, foi dafin)

| Declaratie nutritionala | 100g | Portie 350g |
|-------------------------------|--------|----------------|
| Energie Kcal | 206.49 | 722.7 |
| Energie Kj | 863.95 | 3023.77 |
| Grasimi | 14.19g | 49.66g |
| din care acizi grasi saturati | 5.1g | 17.84g |
| Glucide | 5.2g | 18.2g |
| din care zaharuri | 2.56g | 8.96g |
| Fibre | 1.91g | 6.68g |
| Proteine | 13.88g | 48.58g |
| Sare | 0.66g | 2.3g |

Alergeni

Soia

Aditivi

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