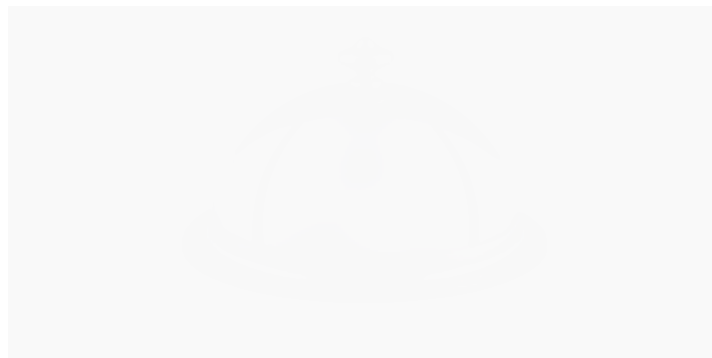




# Ceafa de porc in sos de ceapa cu piure de cartofi



## Ingrediente o portie de 400g :

ceafa de porc cruda 180g, Piure de cartofi 150g (cartofi albi ,lapte 1,5%,unt,Condiment sare / piper), Sos de vin 60g (apa,sos demi glace,vin alb sec), ceapa galbena 50g, patrunjel verde 3g, Condiment sare / piper 2g (sare de masa iodata,piper negru macinat ), Condiment boia/cimbru/usturoi 2g (boia dulce [ardei dulce pudra],praf de usturoi [PRAF DE USTUROI], cimbru [cimbru deshidratat și mărunțit]), cimbru 1g

Declaratie nutritionala	100g	Portie 400g
<b>Energie Kcal</b>	221.47	885.86
<b>Energie Kj</b>	926.63	3706.43
<b>Grasimi</b>	14.61g	58.43g
din care acizi grasi saturati	5.65g	22.61g
<b>Glucide</b>	5.92g	23.69g
din care zaharuri	0.92g	3.68g
Fibre	0.99g	3.95g
Proteine	15.42g	61.68g
Sare	0.31g	1.25g

## Alergeni

Lapte  
Gluten  
Oua  
Alune

## Aditivi

Agent de ingrosare: E412  
Colorant: E150c