



Muschi de vita la gratar



Ingrediente o portie de 160g :

muschi de vita portionat congelat 160g, unt, sarat 10g, Condiment sare / piper 2g (sare de masa iodata, piper negru macinat), Condiment boia/cimbru/usturoi 1g (boia dulce, cimbru)

Declaratie nutritionala	100g	Portie 160g
Energie Kcal	182.31	291.7
Energie Kj	762.78	1220.47
Grasimi	7.72g	12.35g
din care acizi grasi saturati	4.22g	6.75g
Glucide	0.81g	1.3g
din care zaharuri	0.73g	1.16g
Fibre	0.04g	0.07g
Proteine	27.85g	44.56g
Sare	0.54g	0.86g

Alergeni

Lapte
Dioxid de sulf
Moluste
Lupin, Alune

Aditivi

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